



## Track & Field School Records

### Women

<b>100m</b>	April Winn	11.90	1989
<b>200m</b>	Tina Whatley	25.02	1989
<b>400m</b>	Caitlin Luna	1:03.78	2016
<b>800m</b>	Crystal Johnson	2:20.74	1998
<b>1500m</b>	Terry Coppini	4:56.4	1984
<b>5,000m</b>	Maria Avila Overton	20:43.81	2018
<b>10,000m</b>	Maria Avila Overton	43:19.21	2019
<b>Steeplechase</b>	Rebekah Chase Martin	13:57.34	2010
<b>100m Hurdles</b>	Caitlin Luna	17.23	2016
<b>400m Hurdles</b>	Alie Newhouse	1:14.89	2016
<b>400m relay</b>		49.34	1989
	April Winn, Sharon Holgerson, Cindy Kubala, Tina Whatley		
<b>1600m relay</b>		3:58.3	1989
	Cindy Kubala, April Winn, Sharon Holgerson, Tina Whatley		
<b>Long Jump</b>	Sharon Holgersen	17'11.75"/5.47m	1988
<b>Triple Jump</b>	Lisa Harper	34'5"/10.49m	1985
<b>High Jump</b>	Leslie Spellenberg	5'2"/1.57m	1976
	Kelli Kerns	5'2"/1.57m	1990
<b>Shot Put</b>	Amber Lund	40'5.75"/12.34m	2001
<b>Discus</b>	Grace Bruschi	129'11"/39.60m	2017
<b>Hammer</b>	Grace Bruschi	140'10"/42.93m	2017
<b>Javelin (New Rule)</b>	Mariah Donato	122'5"/37.32m	2017
<b>Javelin (Old Rule)</b>	Kate Droz	122'7"/37.36m	1998
<b>Heptathlon</b>	Kelli Kerns	4,166pts	1991



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### Men

<b>100m</b>	Cherrard Cohen	10.48	2017
<b>200m</b>	Andrew Wilson	21.23	2016
<b>400m</b>	Grant Van Emmrik	48.18	2019
<b>800m</b>	Chris Binschus	1:52.64	2002
<b>5,000m</b>	Matt Haugen	14:58.7	1990
<b>10,000m</b>	Matt Haugen	31:52	1990
<b>Steeplechase</b>	Jonathan O'Connell	9:15.92	2010
<b>110m Hurdles</b>	Phil Webb	14.1	1969
<b>400m Hurdles</b>	Brent Tocher	54.55	1995
<b>400m Relay</b>		42.63	1993
	Larue Birden, Justin Hazel, Ben Griggs, Jr. Dominguez		
<b>1600m Relay</b>		3:15.12	2016
	Andrew Wilson, Riccardo Ciciarella, Davion Curry, Cherrard Cohen		
		3:23.3	1991
	Wade Hayes, Tom Craven, Eric Harrington, Dennis Reading		
<b>Long Jump</b>	Jamaal Chase	24'6"/7.47m	1995
<b>Triple Jump</b>	Jamaal Chase	50'1"/15.26m	1995
<b>High Jump</b>	Kent Halbert	6'10"/2.08m	1986
<b>Pole Vault</b>	Paul Chapracki	15'1.5"/4.61m	
<b>Shot Put</b>	Jeff Miller	53'7"/16.33m	1973
<b>Discus</b>	John McEwen	163'10"/49.94m	1995
<b>Hammer</b>	John McEwen	204'1"/62.20m	1995
<b>Javelin (New Rule)</b>	Angelo Flores	206'11"/63.07m	2018
<b>Javelin (Old Rule)</b>	Bart Goodell	199'11"/60.93m	1983
<b>Decathlon</b>	Bart Goodell	6,933pts	1983